

NEWSLETTER

MARCH-2025



**RASHID LATIF KHAN
UNIVERSITY**



**RASHID LATIF
MEDICAL COLLEGE**



**RLKU
MEDICAL COLLEGE**



**ARIF MEMORIAL
TEACHING HOSPITAL**



**HAMEED LATIF
TEACHING HOSPITAL**

RASHID LATIF KHAN UNIVERSITY (RLKU)

DEPARTMENT OF COMPUTER SCIENCE

SEMINAR ON DIMENSIONS OF COMPUTER SCIENCE

The Department of Computer Science conducted a seminar for first-semester students to familiarize them with the key requirements, policies, and procedures of the Bachelor of Computer Science (BSCS) program, as mandated by the National Computing Education Accreditation Council (NCEAC). Dr. Shahzada Atif Naveed, the Incharge of the Department, provided an insightful briefing on the university and department's vision, along with essential guidelines from the Higher Education Commission (HEC), NCEAC, and the university regarding academic policies. Additionally, he elaborated on the job readiness aspects of the BSCS curriculum, equipping students with an understanding of career-oriented studies. Following this, Muhammad Yousaf and Rabia Abbas conducted a career counseling session, shedding light on Dimensions/Specialization in Computer Science such as Data Science and Artificial Intelligence (AI), which are rapidly shaping the tech industry. The seminar concluded with a Q&A session, where students actively participated, seeking clarification on various academic and career-related concerns.



IFTAR PARTY 2025

RAMADAN VIBES AT RLK GROUP'S IFTAR PARTY!

We were honored to host a memorable iftar evening at Faletti's Hotel Lahore, surrounded by distinguished guests and warm conversations.

Thank you to everyone who joined us in breaking our fast and sharing the joy of Ramadan!

And a special congratulations to those who won exciting gifts - may your Ramadan be filled with joy and blessings!



RASHID LATIF KHAN UNIVERSITY (RLKU)

MOU

MOU BETWEEN "RLMC / RLKU & TOYOTA JINNAH MOTORS FEROZEPUR ROAD, LAHORE"

This partnership brings exclusive benefits to our students, faculty, and staff, including:

- Special Discounts on Toyota vehicles
- 50% Discount on labor for first Visit
- 30% Discount on labor
- 6% Discount on genuine parts
- Priority services
- Special offers and promotions

We are grateful for this collaboration and look forward to providing our community with enhanced facilities.



DEPARTMENT OF PROFESSIONAL PSYCHOLOGY

ORIENTATION SESSION RLMC AND RLKU-MC

The orientation for the new MBBS batch took place at RLMC and RLKU-MC. During the session, Student Counselor Ms. Mahrukh Mumtaz introduced the Counseling and Wellness Centre at RLMC, while Ms. Wajiha Abrar presented it at RLKU-MC. They emphasized the mission of the counseling center, highlighting the importance of mental health awareness. Additionally, they guided students on how the CWC can support those facing challenges, ensuring they have access to the necessary resources and assistance.



RASHID LATIF KHAN UNIVERSITY (RLKU)

DEPARTMENT OF PROFESSIONAL PSYCHOLOGY

ROLE OF EDUCATIONAL INSTITUTIONS IN DRUG ABUSE PREVENTION

The Counseling and Wellness Centre, in collaboration with the Department of Media and Communication at Rashid Latif Khan University (RLKU), organized a seminar on Drug Abuse Prevention. The seminar was conducted by the Anti-Narcotics Force (ANF) Punjab, with Major Nazir, Deputy Director of ANF, as the keynote speaker. He provided valuable insights into the prevalence of drug abuse, its impact, preventive strategies, and the mission of the Anti-Narcotics Force in combating drug-related issues.

The event was attended by students from various departments, along with faculty members. It proved to be a highly informative session, equipping attendees with essential knowledge on drug abuse prevention and its consequences.



DEPARTMENT OF PROFESSIONAL PSYCHOLOGY

INTERNATIONAL HAPPINESS DAY

Students and faculty at Rashid Latif Khan University (RLKU) came together to celebrate the International Day of Happiness. Members of the Society of Unique Learning (SOUL) visited various departments, conducting laughter sessions to promote positivity among students. As part of the celebration, society members also educated students about happy hormones and their role in well-being. A game desk was set up outside the auditorium, where students and faculty participated in interactive activities, fostering a lively and cheerful atmosphere.

The event was further highlighted by the presence of the CEO Ms. Sabahat Khan, Director Marketing Ms. Zuleikha Khan, Pro-Vice Chancellor (PVC) Dr. Rukhsana Kausar, Principal (RLMC) Dr. Tahir Masood and Vice Principal (RLMC) Dr. Mudassar Ali who visited the desk and engaged with participants. The celebration successfully spread happiness across campus, creating moments of laughter and joy for all attendees.



RASHID LATIF KHAN UNIVERSITY (RLKU)

DEPARTMENT OF PROFESSIONAL PSYCHOLOGY

WINGS (WOMEN INSPIRING GROWTH & STRENGTH)

The Department of Professional Psychology and Media Studies at RLKU celebrated International Women's Day with great enthusiasm. The event featured a panel discussion moderated by Ms. Mahrukh Mumtaz, with esteemed panelists including CEO Ms. Sabahat Khan, TV anchor Mr. Muzammil Suharwardy, and screenwriter Ms. Amna Mufti. The discussion provided valuable insights and highlighted the role of women in various fields, offering students a meaningful learning experience.

Additionally, the event showcased a skit performance by students and a dynamic oration session. Both faculty members and students thoroughly enjoyed the celebration, making it a memorable occasion.



RASHID LATIF KHAN UNIVERSITY (RLKU)

PRO VICE CHANCELLOR, PROF. DR. RUKHSANA KAUSAR

Prof. Dr. Rukhsana Kausar chaired a meeting of the committee constituted for developing parameters for Ranking of the Universities in Punjab.



PRO VICE CHANCELLOR, PROF. DR. RUKHSANA KAUSAR

VCS/RECTORS' MEETING HOSTED BY PROF. DR. SHAHID MUNIR, V.C. UET, MEETING FOLLOWED BY IFTAR DINNER.

Prof. Dr. Rukhsana Kausar attended VCs/Rectors meeting hosted by Prof. Dr. Shahid Munir, V.C. UET. The meeting was attended by a large number of VCs/PVCs/Rectors of Universities in Lahore and it meant to foster academic collaboration and strengthening professional ties in a cordial environment. Moreover, possibility of MOU with Wall City signing was discussed with its administration. The meeting was followed by Iftar dinner.



PRO VICE CHANCELLOR, PROF. DR. RUKHSANA KAUSAR

WOMEN ROLE IN ISLAM

Prof. Dr. Rukhsana Kausar participated in a panel discussion on “Women's Role in Islam” at NUR International University. The event featured insightful discussion on women's empowerment, education and contribution in Islam.



RASHID LATIF KHAN UNIVERSITY (RLKU)

PRO VICE CHANCELLOR, PROF. DR. RUKHSANA KAUSAR

LOU SIGNING CEREMONY BETWEEN RLKU & NSU, ISLAMABAD

Letter of Understanding signing ceremony between RLKU and National Skills University (NSU), Islamabad for Academic Collaboration and Research Partnership, Joint Ventures in starting new Academic Programs, Faculty development and Student Exchange. Prof. Dr. Rukhsana Kausar and Prof. Dr. Muhammad Mukhtar, VC NSU, signed the LOU.



PRO VICE CHANCELLOR, PROF. DR. RUKHSANA KAUSAR

A DIALOGUE WITH FUTURE LEADERS” PROF. DR. RUKHSANA KAUSAR PARTICIPATED AS AN EXPERT DISCUSSANT

Prof. Dr. Rukhsana Kausar participated as an expert discussant in the event titled as:

“**A Dialogue with Future Leaders**”. She highlighted the importance of ethical leadership and shared her extensive experience in academia and research, underscoring the need for integrity and vision in leadership roles. The event lead to an open discussion session and was followed by Iftar dinner.



RASHID LATIF KHAN UNIVERSITY (RLKU)

PRO VICE CHANCELLOR, PROF. DR. RUKHSANA KAUSAR

MEETING WITH PROF. DR. MUKHTAR AHMED CHAIRMAN HEC, DR. ZIA-UL-QAYYUM E.D. HEC AND OTHER HIGH OFFICIALS

Prof. Dr. Rukhsana Kausar paid a visit to Higher Education Commission. She met Prof. Dr. Mukhtar Ahmed, Chairman HEC and Dr. Zia-ul-Qayyum, Executive Director HEC, and other high officials at HEC to discuss matters pertaining to Academia.



PRO VICE CHANCELLOR, PROF. DR. RUKHSANA KAUSAR

INTERNATIONAL WOMEN'S DAY

Prof. Dr. Rukhsana Kausar participated in 'International Women's Day' event “WINGS”.

She gave welcome address and emphasized women Inspiring, Growth, & Strength, and highlighted the need for leadership and representation of women in all fields of Arts and Sciences.



PRO VICE CHANCELLOR, PROF. DR. RUKHSANA KAUSAR

Prof. Dr. Rukhsana Kausar attended a meeting of the Punjab Higher Education Commission (PHEC)'s Committee's meeting for **Development of Key Performance Indicators (KPIs) for Vice Chancellors of Public Sector Universities in Punjab.**



RASHID LATIF COLLEGE OF PHARMACY (RLCP)

IFTAR PARTY

An evening filled with togetherness, gratitude, and joy!

The **2nd Year Pharmacy Family** came together for a heartwarming **Iftar at RLMC**, sharing delicious food, cherished moments, and unforgettable memories.

We are grateful for the bonds we share and the blessings of this holy month.



INTERACTIVE SESSION ON BASICS OF CLINICAL RESEARCH

An engaging and insightful session on the **Basics of Clinical Research** was conducted at **Rashid Latif College of Pharmacy (RLCP)** in collaboration with **Punjab University College of Pharmacy** and **MedWatch Global**. This session aimed to equip pharmacy students with fundamental knowledge of clinical research, trials, and ethical considerations.



RASHID LATIF COLLEGE OF PHARMACY (RLCP)

CELEBRATING 11 YEARS OF EXCELLENCE AT RASHID LATIF COLLEGE OF PHARMACY!

Today marks a momentous occasion as we commemorate the **11th Anniversary** of RLCP! The air was filled with joy and pride as our esteemed Principal, Prof. Dr. Humayun Riaz, along with other distinguished dignitaries from RLKU, graced the **cake-cutting ceremony** held at the beautifully decorated main lobby of RLMC.



VISIT TO THE PUNJAB PHARMACY COUNCIL

Principal RLCP Prof. Dr. Humayun Riaz visited the Punjab Pharmacy Council office and discussed issues related to the profession with the secretary Dr. Zaka-ur-Rehman.



RASHID LATIF MEDICAL COLLEGE (RLMC)

DEPARTMENT OF ANATOMY

Journal Club

The Anatomy Department delivered a thought-provoking research presentation on the “**Effects of Flaxseed Oil on Histological and Biochemical Changes Induced by Caffeinated Energy Drinks in the Bone of Adult Male Albino Rats.**” The session was led by **Dr. Afifa Waseem**, who effectively outlined the study's methodology, key findings, and potential implications for nutritional and toxicological research.

The presentation captured the attention of both faculty and students, sparking meaningful discussion and academic curiosity throughout the session.



DEPARTMENT OF GYNAE/ OBS II AND ENT

Clinico- Pathological Conference

The Department of Gynaecology and Obstetrics II presented an intriguing case titled “**Fibroid Uterus in a Post-Menopausal Lady: A Rare Presentation.**” The discussion highlighted the unusual occurrence of fibroids in post-menopausal women, delving into diagnostic challenges and management strategies. Simultaneously, the Department of ENT presented a clinically engaging case of “**A Patient with Sudden Dysphagia,**” which sparked a thoughtful discussion around differential diagnoses and urgent evaluation approaches. Both departments successfully engaged the audience, including faculty members and students, through interactive presentations and thought-provoking clinical reasoning.

The session concluded with an insightful Q&A segment, expertly moderated by Prof. Asma Yasin (HOD Gynae/ Obs Department) and Prof. Shahid Imran (HOD ENT Department), who addressed queries, shared their expertise, and reinforced key learning points for all attendees.



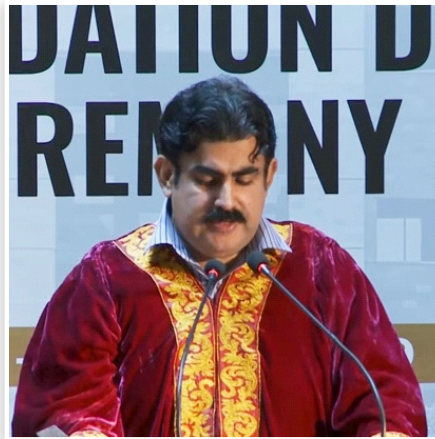
RASHID LATIF MEDICAL COLLEGE (RLMC)

WHITE COAT CEREMONY OF MBBS 2025

Marking the beginning of a noble journey!

The White Coat Ceremony of MBBS 2025 at Rashid Latif Medical College (RLMC) was a momentous occasion, filled with pride, joy, and anticipation. Our new batch of medical students donned their white coats, symbolizing their commitment to the medical profession.

We were honored to share this special moment with our students, their proud parents, and distinguished guests. Congratulations to our **MBBS 2025 batch!** May this journey be filled with knowledge, compassion, and dedication to serving humanity.

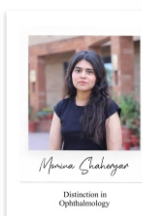
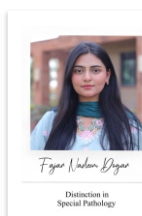
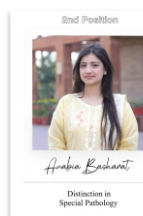


4TH YEAR MBBS RESULTS AND DISTINCTIONS

CONGRATULATIONS TO OUR 4TH-YEAR MBBS STUDENTS

On their stellar results & Distinction holders!

Overall **RLMC Result:** 96.89%
Pathology: 99.2%
Ophthalmology: 99.2%
Otorhinolaryngology: 100%
Community Medicine: 97%



RASHID LATIF MEDICAL COLLEGE (RLMC)

CELEBRATING OUR ALUMNI

Successful Residency Matches in the USA

We are incredibly proud to announce that four of our esteemed alumni have successfully matched into residency programs at prestigious hospitals across the United States!

Join us in celebrating their remarkable achievement:

Dr. Kanza Ahmad – Pediatrics, Texas Tech University El Paso, TX

Dr. Zaryab Bin Riaz – University of Creighton, Phoenix, AZ

Dr. Umar Iqbal Javaid Choudhary – St. Elizabeth's Medical Center (GSMC), Boston, MA

Dr. Ahsan Nadeem – University of Pittsburgh Medical Center (UPMC) Mercy, Pittsburgh, PA

Your dedication and perseverance have led to this incredible milestone, and we couldn't be prouder! Wishing you all continued success in your medical careers.



QUIZ COMPETITION AT NATIONAL TELEVISION PTV

SanaUllah Hashmi, a bright student of 4th year MBBS of Rashid Latif Medical College got **First position** in quiz competition held at **national television, PTV**.



RAMZAN SPORTS FEST 2025

Embracing the spirit of unity and festivity! The **Sports Society of Rashid Latif Medical College** proudly presents **Ramzan Sports Fest 2025**—a celebration of togetherness, joy & the essence of the holy month. Join us for an unforgettable experience filled with sports & community bonding!



RLKU MEDICAL COLLEGE (RLKUMC)

RADIO PROGRAM

CHRONIC HEPATITIS

Principal RLKU Medical College, **Prof. Arif Mahmood Siddique** was invited by University of Central Punjab for a radio talk on “**CHRONIC HEPATITIS**”.

Prof. Arif Mahmood Siddique spoke about what is chronic hepatitis, what are causes of chronic hepatitis, how it spreads, how to prevent its spread, what are the usual symptoms, how to diagnose it and how it is treated.

The talk was aired FM Radio 92.6 and was highly appreciated by listeners.



RADIO PROGRAM

CATARACT

Assistant Professor RLKU Medical College, **Dr. Qunbar Abbas** was invited by University of Central Punjab for a radio talk on “**Cataract**”.

Dr Qunbar Abbas spoke about what is cataract, how would I know that I having cataract,

How it develops & other similar queries.

The talk was aired FM Radio 92.6 and was highly appreciated by listeners.



FITRANA AWARENESS & CONTRIBUTION SESSION

RLKU Medical College hosted a special **Fitrana Awareness & Contribution Session** for its female employees. The session aimed to educate attendees about the significance of Fitrana, its proper calculation, and its role in supporting underprivileged communities during Ramadan.

Qari Touqeer Ahmad led the session, providing valuable insights into the spiritual and social impact of Fitrana. He emphasized the importance of fulfilling this charitable obligation correctly and ensuring it reaches those in need. Employees also had the opportunity to contribute their Fitrana on-site, making the event both informative and impactful.

This initiative reflects RLKU Medical College's commitment to fostering a culture of compassion and social responsibility among its staff.



RLKU MEDICAL COLLEGE (RLKUMC)

INTERNATIONAL WOMEN'S DAY

RLKU Medical College, Lahore, marked International Women's Day with great enthusiasm, celebrating the achievements and contributions of women in the medical field. The event featured a vibrant poster competition where students and young doctors showcased their creativity and awareness through thought-provoking artwork.

Participants passionately expressed their perspectives on women's empowerment and engaged in discussions with **Principal Prof. Arif Mahmood Siddique**, who appreciated their dedication and efforts. He commended their artistic expressions and reiterated the importance of gender equality and the significant role of women in healthcare and society.

The event concluded with words of encouragement from the faculty, emphasizing the need for continued efforts in promoting inclusivity and equal opportunities for women in medicine.



JOURNAL CLUB MEETING

RLKU Medical College Lahore hosted a Journal Club Meeting, attended by esteemed faculty members from various departments. The session was led by **Dr. Zubair Ashraf from the Department of Cardiology**, who presented an insightful discussion on a recent study comparing ChatGPT (GPT-4) with medical professionals in solving complex cases from the Swedish Family Medicine Specialist Examination. Dr. Zubair Ashraf provided an in-depth analysis of the article, discussing AI's potential role in medical diagnostics and its limitations. He emphasized that while AI demonstrates impressive analytical capabilities, practical examination remains superior to AI-based evaluations. Through various examples, he illustrated how clinical skills, real-time patient assessment, and hands-on experience play a crucial role in accurate diagnosis and treatment—something AI currently lacks.

Additionally, he highlighted that AI should be viewed as an assistant rather than a replacement for doctors. A trained medical professional can leverage AI to aid in diagnosing critical cases, but final decisions must

RLKU MEDICAL COLLEGE (RLKUMC)

JOURNAL CLUB MEETING

always be made by experienced physicians. The discussion underscored that AI can enhance efficiency in healthcare, but human expertise, patient interaction, and ethical judgment remain paramount. The session sparked an engaging discussion among faculty members, exploring the balance between technological advancements and traditional medical expertise. The Journal Club at RLKU Medical College continues to provide a platform for faculty members to critically analyze emerging medical research, discuss advancements in healthcare, and uphold the highest standards of clinical education.



WHITE COAT CEREMONY

RLKU Medical College recently hosted a prestigious White Coat Ceremony, a time-honored tradition that symbolizes the assimilation of students into medical profession.

The ceremony, held on 5th March 2025, Chief Guest was Mr. Gohar Ejaz & guest of honor was Prof. Dr Rashid Latif Khan. It was also attended by esteemed faculty members, dignitaries, and proud parents. The students, donning their white coats for the first time, took the oath of professionalism, committing to upholding the highest standards of medical ethics and compassion.

This milestone event marks the beginning of a new chapter in the students' medical journey, as they embark on hands-on training and patient care. We congratulate our students on this achievement and wish them all the best in their future endeavors.



RASHID LATIF DENTAL COLLEGE (RLDC)

WORKSHOP ON FACULTY DEVELOPMENT

